

Curriculum Vitae

1. **Name & Surname** : Sebahat ATEŞ
 2. **Birth Date** : 05.01.1975
 3. **Title** : Assistant Professor
 4. **Educational Background** :

Degree	Area	University	Year(s)
Bachelor	Nursing	Hacettepe University	1995
MSc.	Internal Medicine Nursing	Abant İzzet Baysal University	2003
PhD.	Internal Medicine Nursing	Marmara University	2011

5. Academic Titles:

Title	Department	Institution	City	Country	Year(s)
Nurse	Internal Medicine Clinics	Hacettepe University Hospital	Ankara	Turkey	1996 – 2001
Lecturer	Health College of Bolu	Abant İzzet Baysal University	Bolu	Turkey	2001 – 2005
Nurse Educator	Education and Development Department	Acıbadem Hospital	İstanbul	Turkey	2005 – 2007
Headnurse	Headnurse	GİSBİR Health Center	İstanbul	Turkey	2007 – 2008
Assist. Prof.	Health College – Internal Medicine Nursing	Maltepe University	İstanbul	Turkey	2012 – 2013
Assist. Prof.	Nursing/Faculty of Health Sciences – Internal Medicine Nursing	Üsküdar University	İstanbul	Turkey	2013 – 2016
Bologna Coordinator	Nursing/Faculty of Health Sciences	Üsküdar University	İstanbul	Turkey	2015 – 2016
Member of Board	Institute of Health Sciences	Üsküdar University	İstanbul	Turkey	2015 – 2016
Assist. Prof.	Health College – Internal Medicine Nursing	Maltepe University	İstanbul	Turkey	2016 – ----

6. Thesis

MSc.	The Evaluation of The Fatigue which Affects Daily Activities of COPD Sufferers
PhD.	Chemotherapy Induced Alopecia Perception and Quality of Life

6.1. Advised thesis

MSc.	Ayşe Baran. The effects of abdominal massage in management of constipation in the elderly: A randomize controlled study 2015 (Supervisor)
MSc.	Fatma Çelikbilek. Determination of the traditional methods used by hemodialysis patients to deal with ureamic pruritus. 2016 (Supervisor)
MSc.	Songül Yanık. Determination of nurses who work in internal medicine clinics' level of burnout effects on patient satisfaction. (Ongoing – Supervisor)

7. Publications

7.1. Published Articles in International Journals

7.2. Presented at Internatioanal Conferences

- Gökdoğan F., Kır E., Özcan A., Cerit B., Yıldırım Y., Akbal S., “Are Education Booklets Reliable?” 2. International - 9. National Nursing Congress, Poster Proceedings Book, Antalya/Turkey, 2003.
- Gökdoğan F., Özcan A., Kır E., Yıldırım Y., Akbal S., Cerit B. “Are Education Booklets Readable?” 2. International- 9. National Nursing Congress, Poster Proceedings Book, Antalya/Turkey, 2003.
- Ateş S., Olgun N, Dede ZT. ‘Getting acquainted with diabetes’ 18th FEND Annual Conference. Poster Presentation. Barcelona Spain 20-21 September 2013
- Ates S, Baran A, Dincer M, Çelikbilek F. Determination of the effects of job satisfaction and empathy levels of oncology nurses on patient satisfaction. EONS 9 Congress Poster Presentation. İstanbul 18-19 September 2014

7.3. Published International books/chapters

- Ateş S (2014). Onological Emergencies. Immediate Care in Adults. Ed. F.E. Aslan, N. Olgun, Akademisyen Tıp Kitabevi.
- Olgun N, Ateş S (2014). Environmental Emergencies. Immediate Care in Adults. Ed. F.E. Aslan, N. Olgun, Akademisyen Tıp Kitabevi.
- Olgun N, Ateş S (2014). Bites and Sting. Immediate Care in Adults. Ed. F.E. Aslan, N. Olgun, Akademisyen Tıp Kitabevi.
- Akbal Ateş S (2015). Abdominal Distension. Intensive Care, Management of Symptoms and Findings. Ed. F.E. Aslan, N. Olgun, Akademisyen Tıp Kitabevi.

7.4. Published Articles in National Journals

- Ateş S. (2013). “Hypertension and Anger” Forum of Nursing in Diabetes, Obesity and Hypertension 5(1):39-43
- Ateş S, Olgun N (2013). “Alopecia related Chemotherapy and Quality of Life”. Journal of Nursing Faculty of Hacettepe University. 67-80
- Akbal Ateş S., Olgun N (2015). Nurses’ attitudes and perceptions about alopecia that related chemotherapy. Journal of Nursing Academic Research 1(1):15-20
- Ateş S, Aksu İ, Olgun N (2015). Air Pollution and Diabetes. Forum of Nursing in Diabetes, Obesity and Hypertension 7(2); 43-50.
- Ateş S., Tosun H, Gezalan S., Olgun N (2016) “Diabetic Neuropathy and Herbal Medicine”. Forum of Nursing in Diabetes, Obesity and Hypertension 8(1):38-41 ISSN: 1301-9880

7.5. Presented at National Conferences (in original language)

- Gökçe F, Özcan A, Akbal S., “Determination of the effectiveness of diabetes education for groups/individuals among the nurses and health professionals in Acıbadem Bakırköy Hospital” 42. National Diabetes Congress, Poster, 10-14 May 2006, Antalya.
- Akbal S., Gökdoğan F. “The Evaluation of the Fatigue which Affects Daily Activities of COPD Sufferers” – 8. National Internal Medicine Congress, Poster, 13-17 September 2006, Antalya.
- “Nursing Services and Personnel Safety” Quality in Nursing Services Symposium, Verbal Presentation Ankara-2007.
- Ateş S., Olgun N. "Chemotherapy Induced Alopecia Perception and Quality of Life” 14. National Internal Medicine Congress, Poster, 3-7 October 2012, Antalya

- Ateş S., Olgun N. "Nurses' attitudes and perceptions about alopecia that related chemotherapy" 14. National Internal Medicine Congress, Poster, 3-7 October 2012, Antalya
- Ateş S., Olgun N, Dede ZT. "School Life with Type 1 diabetes" Poster. 15. National Internal Medicine Congress, Antalya, 2 - 6 October 2013.
- Çelikbilek F, Ateş S. "Urinary Incontinence among Elders and Loneliness" Poster. 13. National Nursing Students Congress. Trabzon, 1-3 May 2014.
- Yılmaz İ, Ateş S, Kuldal CV, Seller K, Erdoğan Ç, Ardiç E. "Assessment of University Students' Attitudes About Elderlies." Verbal presentation. 13. National Student Nurse Congress, Trabzon, 1-3 May 2014.
- Dinçer M, Baran A, Ateş S (2014) Ebola Virus and Health Personnels. Poster. 19-22 November 2014, Antalya
- Ateş S, Ardiç E., Karayılan B, Uzun Z, İnceli O, Ger MG (2015). Determination of risk situations for Type 2 among students and personnels in a private university. 14. National Nursing Students Congress, Kayseri, 22-26 April 2015
- Ateş S, Dede ZT, Dündar M, Özbek MN, Olgun N, Aksu İ (2015) The relationship between quality of life of children with Type1 diabetes and depression, anxiety and individual/health-disease features. 17. National Internal Medicine Congress, Antalya, 14-18 October 2015
- Filiz S., Ateş S (2015) The effects of visitation to intensive care unit on sensory inputs. 17. 17. National Internal Medicine Congress, Antalya, 14-18 October 2015

7.6. Other Publications

- Rogers B.R. (2005). Guide for Education Nursing: Your Guide for Success. Translators: F. Altındağ, S. Akbal, Education and Professional Development Department, Acıbadem Health Group.
- Oncology Bulletin, translation
- Research Education
- Family Counselling Education

8. Projects

9. Administrative Experience

- 1996 – 2001 :Nurse, Oncology Clinic and Emergency, neurosurgery service, Hacettepe University Hospital
- 200 – 2005 : Lecturer, Bolu Vocational College of Health Services, Abant İzzet Baysal University
- 2005 – 2007 : Education Nurse, Education and Professional Development Department, Acıbadem Health Group

- 2008 – 2009 : Headnurse, GİSBİR Health Center
- 2012 – 2013 : Assistant Proffesor, Vocational College of Nursing, Maltepe University
- 2013 – 2016 : Assistant Proffesor, Department of Nursing, Faculty of Health Sciences, Üsküdar University

10. Membership of Institutes

- Member, Oncology Nursing Association
- Member of Publication Board, Journal of Academic Nursing Research
- Member of Board, Practice and Research Center for Women's Studies of Üsküdar University

11. Lessons given for bachelor and master degree in the last two years

Year	Semester	Course	Hours/Week		Number of Student
			Teorical	Practical	
2013-2014	Fall	Life Cycle and Nursing (Bachelor's)	6	8	25
2013-2014	Fall	Geriatric Nursing (Bachelor's)	2	0	25
2013-2014	Fall	Research Methods (Master's)	3	0	15
2013-2014	Fall	Internal Medicine Nursing I (Master's)	3	4	3
2013-2014	Fall	Oncology Nursing (Master's)	2	0	3
2013-2014	Fall	Research Methods in Health Services (Master's)	3	0	21
2013-2014	Spring	Health Impairment and Care I (Bachelor's)	6	8	23
2013-2014	Spring	Internal Medicine Nursing II (Master's)	4	3	3
2013-2014	Spring	Symptom Management (Master's)	2	0	1
2013-2014	Spring	Physiopathology (Master's)	3	0	5
2014-2015	Fall	Life Cycle and Nursing (Bachelor's)	6	8	72
2014-2015	Fall	Health Impairment and Care II (Bachelor's)	8	12	22
2014-2015	Fall	Research Methods (Master's)	3	0	19
2014-2015	Fall	Internal Medicine Nursing I (Master's)	3	4	7
2014-2015	Fall	Oncology Nursing (Master's)	2	0	7
2014-2015	Spring	Health Impairment and Care I (Bachelor's)	6	8	72
2014-2015	Spring	Healthy Life and Nursing II (Bachelor's)	6	0	90
2014-2015	Spring	Internal Medicine Nursing II (Master's)	4	3	8
2014-2015	Spring	Physiopathology (Master's)	3	0	10
2015-2016	Fall	Life Cycle and Nursing (Bachelor's)	6	8	105
2015-2016	Fall	Health Impairment and Care II (Bachelor's)	8	12	69
2015-2016	Fall	Research Methods (Master's)	3	0	20
2015-2016	Fall	Internal Medicine Nursing I (Master's)	3	4	5
2015-2016	Fall	Oncology Nursing (Master's)	2	0	4